#### MAY 2023 | ISSUE 1



The official newsletter of NorthBridge.



# THANK YOU Northbridge Donors!

Written by Martina Anderson

Welcome to the May 2023 edition of our newsletter! We hope this finds you in good health and high spirits. We have exciting updates, important announcements, and valuable information to share with you. Let's dive in!

We are thrilled to recognize and celebrate our community members' outstanding contributions at the 1st Annual NorthBrigde Breakfast. Your attendance and participation will always be appreciated. With your help, NorthBridge students are able to achieve their academic and career goals.

# **DOLLAR FOR DOLLAR IMPACT**

Your donation helps students by:

- Providing individualized, comprehensive 1:1 support for students with learning differences (LD) in executive functioning and academic tutoring.
- LD includes Autism spectrum, ADHD, Dyslexia, Non-Verbal Processing Disorder, Anxiety Depression, and many other differences.
- Sessions are at the same days/times each week with the same NorthBridge coach.
- Covering various skill sets, including time management, prioritization, organization, selfadvocacy, setting SMART goals, and communication with instructors.

Every NorthBridge academic coach has a Bachelor's degree in an array of fields. These include, but are not limited to: English, Math, Communications, Marketing, Engineering, Economics, Social Work, Special Education, and Business. Many are continuing their education and pursuing their Master's degrees while simultaneously working as a NorthBridge coach.



## **OUR SERVICES**



NorthBridge serves students with learning differences including dyslexia, ADHD, the Autism spectrum (ASD), non-verbal disorder (NVLD), sensory processing disorder (SPD), hearing and vision loss, anxiety, depression, and other learning challenges.

We have 4 programs.

- High School Success Program
- College Success Program
- Test Preparation Success Program
- Career Preparation Success Program

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## WE ARE GROWING!

We are excited to highlight we were recently awarded (4) new contracts with the Arizona Department of Economic Security Vocational Rehabilitation Services (VR) to assist students in their careers. This covers the soft and executive functioning skills of communication, time management, self-advocacy, teamwork, and many other skill sets as our students move on into their careers.

## WHAT THIS MEANS FOR OUR STUDENTS

#### Supported Education (SE)

NorthBridge will provide 1:1 support to students through:

- Orientation to the school campus facility/facilities.
- Registration of campus or for online classes.
- Obtaining school ID.
- Orientation to the school library and library services.
- Orientation to supported services (including online programs and services tutoring, science, English/Math laboratories, computer laboratories, Writing Center, etc.)
- Introduction to and assistance in registering with the Disability Resource Center (DRC) on campus.
- Appointment with their academic advisor to develop and obtain a Plan of Study and/or Degree Audit Report outlining coursework(s) required for completion of degree or training program.

#### **Rehabilitation Instructional Services (RIS)**

NorthBridge will assist students with orientation and adjustment to disability, orientation and mobility training services, and manual adaptive communication training. This includes helping the student:

- Understand their disability in the context of their future employment.
- Develop training in techniques for safe transfer and travel.
- Utilizing assistive technology to communicate.



### WHAT THIS MEANS FOR OUR STUDENTS CONT.

#### **Career Exploration (CE)**

NorthBridge will provide individualized instructions and assistance to students in (3) career fields of their choice. This includes:

- Qualifications and skill requirements
- Current employment outlook and other relevant information using the Labor Market Survey.
- Researching and reviewing occupational trends, wages, responsibilities, education, and training requirements.

We will help the student select a career suitable to the student's abilities, interests, and values that matches their vocational strengths and functional limitations.





#### Work Adjustment Training (WAT)

NorthBridge will provide soft skills and transition to employment, including:

- Communication
- Teamwork
- Critical Thinking and Problem-Solving
- Task/Time Management & Organization
- Attendance
- Manage Symptoms/Effects of Disability
- Appearance and Hygiene
- Self-management

# LET'S STAY CONNECTED...

Remember to follow us on social media for the latest updates, and event announcements. Connect with us on **Facebook**, **Instagram**, and **LinkedIn** to stay in the loop. As always, we appreciate your continued support and engagement. If you have any suggestions, feedback, or success stories you'd like to share, please reach out to Executive Director, Daylee Magneson at **dburrenorthbridgeaz.org/ (401) 321-4059**. We look forward to hearing from you!

Thank you for being part of our vibrant community. Warm regards,

NorthBridge Staff and Board of Directors

