

FALL 2023 NEWSLETTER

AUGUST 2023 | VOLUME 01



WELCOME!

Welcome NorthBridge students, families, and alumni to our first edition of the NorthBridge newsletter! Here you will find the latest news and announcements about our fantastic community.

EXCITING CHANGES TO NORTHBRIDGE

We are continuing to support students with executive functioning skills coaching through the following programs:

- High School Success
- College Success
- Test Prep Success
- Career Prep Success



STUDENT ACCOUNTABILITY

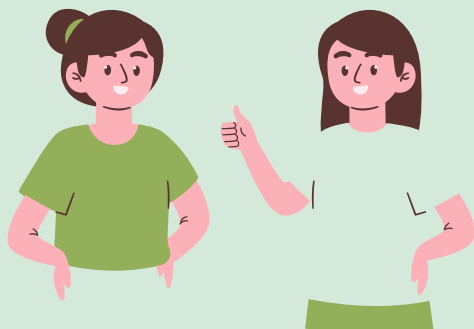
In our ongoing efforts to help students develop accountability, students are encouraged to meet with advising at least 1x/semester.

NorthBridge coaches will then assist with individual course selection *after* the classes are recorded in each student's Student Center.

Therefore, there will be no degree planning, as this task will be addressed by the institution where the student is enrolled. We are always happy to review schedules with students after meeting with advising.

POINTS OF CONTACT

- Daylee Magneson (401) 361-4059/ dburr@northbridgeaz.org for invoices, fundraising, partnerships, donations, events, and marketing.
- Ebony Lorang (623) 252- 2886/ emabry@northbridgeaz.org for intake meetings, session scheduling, student/coach pairings, etc.



TOUCH POINTS

For students with anxiety, PTSD, or other stressors during in-person sessions:

<https://thetouchpointsolution.com/>

Ask your coach if you can try a pair today!

EXECUTIVE FUNCTIONING PROGRESS

- Students will complete Executive Functioning tracking at the beginning and end of each semester to measure their growth!
- Students can use these skills in both college and career!



ATTENDANCE AND DROP-IN HOURS

Missed a session? No problem- attend some or all of the (8) **drop-in virtual** opportunities being **offered every week!**

In order to continue assisting students prepare for quizzes, tests, mid-terms, finals, essays, homework, and other coursework, **Drop-Ins are available to ALL NorthBridge students.**

- Opportunity to meet with a NorthBridge coach outside of your session, covering:
 - Writing / Humanities / General Studies
 - Math / Science
- Students are required to sign-up in TutorBird to attend.

Contact Ebony at emabry@northbridgeaz.org to learn more!

YOU SPOKE, WE LISTENED!

We assist students making the transition from high school to college, and now, from college to career!

In the wake of COVID-19 pandemic, we noticed students struggling with employment due to the after effects of the virus and the negative impact on their mental and physical health. By listening to our families and alumni, we decided that our students needed extra support in preparing for a career and some executive functioning support once they got the job.



WE ARE GROWING!

We are excited to highlight we were recently awarded (4) new contracts with the Arizona Department of Economic Security Vocational Rehabilitation Services (VR) to assist students in their careers. This covers the soft and executive functioning skills of communication, time management, self-advocacy, teamwork, and many other skill sets as our students move on into their careers.

WHAT THAT MEANS FOR OUR STUDENTS

Career Exploration (CE)

NorthBridge will provide individualized instructions and assistance to students in (3) career fields of their choice. This includes:

- Qualifications and skill requirements
- Current employment outlook and other relevant information using the Labor Market Survey.
- Researching and reviewing occupational trends, wages, responsibilities, education, and training requirements.



We will help the student select a career suitable to the student's abilities, interests, and values that matches their vocational strengths and functional limitations.

WHAT THAT MEANS FOR OUR STUDENTS CONTINUED

Supported Education (SE)

NorthBridge will provide 1:1 support to students through:

- Orientation to the school campus facility/facilities.
- Registration of campus or for online classes.
- Obtaining school ID.
- Orientation to the school library and library services.
- Orientation to supported services (including online programs and services - tutoring, science, English/Math laboratories, computer laboratories, Writing Center, etc.)
- Introduction to and assistance in registering with the Disability Resource Center (DRC) on campus.
- Appointment with their academic advisor to develop and obtain a Plan of Study and/or Degree Audit Report outlining coursework(s) required for completion of degree or training program.



Work Adjustment Training (WAT)

NorthBridge will provide soft skills and transition to employment, including:

- Communication
- Teamwork
- Critical Thinking and Problem-Solving
- Task/Time Management & Organization
- Attendance
- Manage Symptoms/Effects of Disability
- Appearance and Hygiene
- Self-management



Rehabilitation Instructional Services (RIS)

NorthBridge will assist students with orientation and adjustment to disability, orientation and mobility training services, and manual adaptive communication training. This includes helping the student:

- Understand their disability in the context of their future employment.
- Develop training in techniques for safe transfer and travel.
- Utilizing assistive technology to communicate.

PAYMENT OPTIONS

- Empowerment Scholarship Fund (ESA)
 - Vocational Rehabilitation Services (VR)
 - Foster Students with Arizona Foundation for Foster Children (AFFCF) at 0 cost.
 - Private Pay
 - Pay in-full for the semester.
 - Payment plan: Divided into 2 payments- 1st half and 2nd half of semester.
-

LET'S STAY CONNECTED...

Remember to follow us on social media for the latest updates, and event announcements. Connect with us on [Facebook](#), [Instagram](#), [LinkedIn](#), [YouTube](#), and our [Website](#) to stay in the loop.

As always, we appreciate your continued support and engagement. If you have any suggestions, feedback, or success stories you'd like to share, please reach out to us at success@northbridgeaz.org/ (401) 321-4059. We look forward to hearing from you!

Thank you for being part of our vibrant community.
Warm regards,

NorthBridge Staff and Board of Directors

