



College Success Program

Overview

Many students want to pursue higher learning but don't know where to start. This is especially true after moving from an environment with several supports and an IEP to higher education where students are responsible for seeking help and resources. Through the College Success Program, NorthBridge provides transition guidance, tutoring, and executive functioning skills coaching to our prospective and current college and vocational students. After attending their scheduled advisement meetings, students receive assistance enrolling in courses and ensuring they've applied for accommodations. During weekly one-on-one sessions, students are taught skills, tools, and processes needed to maximize success and overcome learning challenges which assures the completion of their academic programs. The NorthBridge College Success Program serves students in community college, university, and technical/vocational school programs.

What to Expect

As our student population transitions from high school to higher education, they are moving away from a K-12 environment with an IEP and multiple supportive individuals (teachers, speech therapists, occupational therapists) to a college environment where they will now need to advocate for themselves. Colleges, universities, and vocational schools expect the students themselves to have a certain set of skills to reach success including the skill to communicate effectively with professors and other academic staff members. Many students don't know where to start, which is where their NorthBridge Academic Coaches can help. We can set students up for success in their classes and their NorthBridge sessions by helping them complete the following tasks:

- Student Contract
- Google Chat/Google Voice
- Syllabus Review
- DRS Accommodations
- Time Management Plan



- Check School Email
- Executive Functioning Semester Growth Rating

While NorthBridge sessions are completely individualized based on student needs, we adhere to a loosely structured format. Our goal is to foster a warm environment by checking in with the students about personal life updates and interests. The bulk of the session is dedicated to providing academic support, addressing executive functioning needs, and utilizing strategies tailored to each student's unique learning styles. As the session draws to a close, we allocate 5-10 minutes for a structured wrap-up which allows the Coach and student to recap the key takeaways from the session and review upcoming deadlines. Finally, it's always important to recognize student efforts to boost confidence and empower our students to take ownership of their academic journey.

Academic Support

NorthBridge addresses a range of critical skills to ensure students can successfully learn from and complete their assignments. These skills include writing, reading, studying, and note-taking. Additionally, students need to ensure that they have grasped assignment concepts, submitted assignments accurately, and that they know how to apply feedback from previous assignments. These are all skills that students are expected to know in their college and vocational programs but have not yet mastered. NorthBridge Academic Coaches can be prepared by assisting students with the following:

- Writing Skills
- Study Skills
- Accurate Assignment Submission
- Reading and Note-taking
- Break down questions
- Use Academics as a gateway to improve Executive Functioning Skills.
- Periodically revisit assignment instructions with the student to check for accuracy.
- Utilize feedback to see what they can improve on for future assignments.



Executive Functioning Support

Being proactive, communicating effectively, and managing time are crucial executive functioning skills that pave the way for academic and career success. NorthBridge is here to empower our students to nurture these skills, setting them on a path to lifelong achievement. Beyond skill development, we understand the importance of personal check-ins to ensure our students' basic needs are met, creating the foundation for their prosperity. Building strong partnerships is at the heart of our approach, creating a collaborative environment where students know that while their coach may not have all the answers, they are wholeheartedly dedicated to supporting them throughout their academic journey.